



# Smile Clinic

## TRAVELING TO UTAH FOR TREATMENT



### FLIGHT

If you are flying, you will be arriving at the Salt Lake City International Airport (SLC). Please schedule your flight to arrive at least the evening before your appointment and plan on getting a full night's rest. Be sure to schedule your return flight for after your post-op visit, normally the day after your surgery.



### TRANSPORTATION

Smile Clinic is a 15-minute drive from the airport. Rental cars are available at the airport from at least \$50/day depending on the time of year, but will likely be unnecessary unless you are extending your trip. Ubers are available from the airport as well for about \$25 each way, and is our recommended method of transport.

As a low-cost option, Utah Transit Authority (UTA) has a train that goes from the airport to about a block from the hotel. Google maps will be able to get you on the right train with the schedule. The train will take about an hour and will cost about \$5.



### HOTEL

We recommend you stay at the Staybridge Suites which is next door to Smile Clinic. Staybridge offers free internet, a kitchen in each room, and year-round outdoor heated pool and spa. Staybridge also offers a 15% discount to Smile Clinic patients when they use code AE4GB8 when booking.

Staybridge Suites

747 W Blue Vista Way, Midvale, UT 84047

Call 801-871-0879 to book your reservation or go to [utahsmileclinic.com/hotel](http://utahsmileclinic.com/hotel)



### FOOD & ENTERTAINMENT

Staybridge Suites provides a complimentary breakfast. There are many options for lunch and dinner within walking distance of the hotel as well as a grocery store. There are also some walking distance entertainment options including Top Golf. DoorDash is also available for delivery to your room.

Within a 30-minute drive there are several ski resorts, museums, theaters, Hogle Zoo, Vivint Arena, Fashion Place Mall, Temple Square, golf courses, and many hikes including Little Cottonwood Canyon and Big Cottonwood Canyon.



### CAREGIVER

We recommend you bring a caregiver with you. It can take several hours to recover from sedation after the procedure. This person should be able to assist you in transferring in and out of a seated position.

They can also help you make sure you stay on top of your medications and other small tasks. If you are unable to bring a caretaker with you, please let us know and we can schedule one for you from a caretaking service. This service typically costs \$200.

*Please give us a call at 801-590-8694 with any questions you may have.*